

## Barium Enema

A Barium Enema allows the radiologist to view the large bowel (colon) and helps in the diagnosis of some bowel problems such as cancers and polyps.

### Preparation

No preparation is required.

Please contact us prior to your appointment if:

- if you have had previous problems with a similar procedure
- if you have diabetes or glaucoma
- you have a colostomy bag (if so, please bring a spare bag with you to your appointment).

Please take any normal medication with a sip of water.

### Procedure

During the procedure, you will be asked to lie on an x-ray table and a flexible, lubricated tube will be placed into your rectum. This tube will normally stay in place by itself, or a small balloon may be inflated to hold it in place.

A white barium mixture and air is passed into the bowel. You will be asked to roll into a variety of positions to make sure that your bowel is well coated with the mixture.

There may be some discomfort during the procedure but as soon as the x-rays have been taken some of the fluid and air will be drained away. If the procedure proves too uncomfortable, an injection of Buscopan or Glucagon may be administered to relax the bowel. The tube will then be removed and you will be able to go to the toilet.

There should be no ill effects after the examination although your bowel action will be white for some days. Some people feel some cramping discomfort for a short time.

To avoid constipation add 0.5 to 1 litre of fluid (e.g. water, cordial, fruit juice, etc.) and some fruit to your diet during the day after the examination.

### How long will the procedure take?

The examination can take approximately 40 minutes.

Please contact your referring doctor to discuss the results.

PLEASE BRING ANY PREVIOUS X-RAYS OR SCANS WITH YOU ON THE DAY OF YOUR EXAMINATION.

CONFIRM ANY PREPARATION REQUIRED WITH STAFF WHEN MAKING YOUR APPOINTMENT.

**Putting People in the Picture**

[www.ultrascanradiology.com.au](http://www.ultrascanradiology.com.au)

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# Your doctor may request to go filmless

**With the growing use of digital imaging, Ultrascan Radiology is giving doctors the opportunity to not receive hard copy films and to replace them with electronic reports and images – in other words, go “filmless”.**

If your referring doctor elects to go “filmless,” once you have completed your medical imaging examination, you will no longer have to wait for x-ray films. The images will be sent electronically to your doctor’s computer together with a report from our Radiologist.

If you require films in the future, all films are stored digitally and can be requested at anytime with 24 hour notice.

BARIUM ENEMA IS PERFORMED AT OUR AUBURN,  
CAMPBELLTOWN (QUEEN ST & PARK CENTRAL),  
LIVERPOOL & CASTLE HILL CLINICS

## Ultrascan Radiology clinics

### Auburn

Suite 2, 49 Norval Street. Auburn 2144  
Ph: 9649 3644 | Fax: 9749 1586

### Castle Hill

Lawton House, 3/60 Cecil Avenue, Castle Hill 2154  
Ph: 9634 1811 | Fax: 9634 5394

### Campbelltown, Park Central

Campbelltown Private Hospital, Ground Floor,  
Cnr Hyde Parade and Parkside Crescent, Campbelltown 2560  
Ph: 4626 1940 | Fax: 4626 3694

### Campbelltown, Queen Street

Suite 19-21, 82 Queen Street, Campbelltown 2560  
Ph: 4625 2815 | Fax: 4620 5842

### Liverpool

Suite 2, 17 Moore Street, Liverpool 2170  
Ph: 9602 8177 | Fax: 9602 6806

### Westmead

Specialist Centre, 151 - 155 Hawkesbury Road, Westmead 2145  
Ph: 9635 3900 | Fax: 9893 9010

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